

Empathy Reading List

READING TO LEARN! Preschool - Grade 2

Helping Out (4 titles)

Lend a Hand Around Town

Lend a Hand at Home

Lend a Hand at School

Lend a Hand on the Playground

Kindergarten - Grade 1

My Many Emotions (8 titles)

Anger

Anxiety

Disgust

<u>Fear</u>

Happiness

Love

<u>Sadness</u>

Surprise

My Mindful Day (8 titles)

Being Present

Compassion

Connection

Empathy

Meditation

Openness

Peace

Yoga

Grade 1 - Grade 4

A Book for Black Eyed Susan

A Fist for Joe Louis and Me

The Peach Pit Parade: A World War I Story

The Scarlet Stocking Spy

Grade 2 - 5

Building My Social-Emotional Toolbox (6 titles)

Communicating with Others

Growing Social Awareness

Learning Expectations



Persisting When Things Are Difficult Practicing Self-Awareness Showing Patience

How Do They Help? (26 titles)

Alex's Lemonade Stand: Charities Started by Kids!

Cell Phones for Soldiers: Charities Started by Kids!

Coat-A-Kid: Charities Started by Kids!

Doctors Without Borders

FUNDaFIELD: Charities Started by Kids!

Greenpeace Fund

Humane Society

Jessie Rees Foundation: Charities Started by Kids!

Katie's Krops: Charities Started by Kids!

Kids Saving the Rainforest: Charities Started by Kids!

Ladybug Foundation: Charities Started by Kids!

Oxfam International

Paper Beads from African: Charities Started by Kids!

Project TGIF: Charities Started by Kids!

Rotary Clubs

Sheltering Books: Charities Started by Kids!

The Nature Conservancy

The Red Cross

The Salvation Army

The United Nations

The World Health Organization

UNICEF

United Way

What's Mine Is Yours: Charities Started by Kids?

World Wildlife Fund

YMCA

Loved Ones With (6 titles)

Loved Ones with Autism

Loved Ones with Cancer

Loved Ones with Chronic Illness

Loved Ones with Depression

Loved Ones with Down Syndrome

Loved Ones with a Physical Disability

Read and Reflect: A Social-Emotional Guide (8 titles)



Feeling and Showing Empathy

Making and Keeping Friends

Naming and Managing Emotions

Recognizing and Managing Stress

Recognizing Strengths and Acting

Setting and Achieving Positive Goals

Speaking Out and Creating Change

Taking Responsibility and Being a Leader

Grade 4 - 7

Social Emotional Library

Stories of Cooperation

Stories of Courage

Stories of Diversity

Stories of Forgiveness

Stories of Friendship

Stories of Honor

Stories of Persistence

Stories of Sharing

Grades 4 - 8

Perspectives Library (26 Titles)

Angel Island Immigration

The 1980 U.S. Olympic Boycott: A History Perspectives Book

The Attack on Pearl Harbor

The Battle of Bull Run

The Battle of Bunker Hill

The Battle of Gettysburg

The Battle of the Alamo

The Boston Tea Party

The California Gold Rush

The Creation of the U.S. Constitution

The Dropping of the Atomic Bombs

The Dust Bowl

The Great Depression

The Japanese Internment Camps

The Montgomery Bus Boycott

The Oregon Trail and Westward Expansion

The Orphan Trains

The Salem Witch Trials

The San Francisco Earthquake of 1906



The Sinking of the Titanic

The Story of the Hoover Dam

The Story of the Statue of Liberty

The Triangle Shirtwaist Factory Fire

The Underground Railroad

The War of 1812

World War II U.S. Homefront

Just Breathe (8 titles)

Be Still: Practicing Meditation

Breathe In, Breathe OUt: Practicing Movement

Check in: Being Present

Chill out: Practicing Clam

Feel Rooted: Being Connected

Look on the Bright Side: Being Positive

Reach Out: Being Compassionate

Stay Engaged: Practicing Empathy